

# AGELOC® META



## MEET AGELOC META

Our always-on modern world is taking a toll. Stress, erratic work hours, poor sleeping habits, and eating on the run can all have a negative impact.

Backed by seven years of groundbreaking, exclusive-to-Nu Skin research, ageLOC Meta is here to help with a daily dose of anthocyanins—natural health-beneficial compounds found in the deepest purple berries and black rice that help protect against the negative effects caused by oxidative stressors. ageLOC Meta, featuring our very own anthocyanin blend, is perfect for today's hectic world, helping to counteract the effects of your modern lifestyle when combined with healthy eating, regular exercise, and better sleep.

## WHY YOU'LL LOVE IT

- Helps improve the antioxidant defense system, reducing the negative effects of oxidative stressors.
- Provides our exclusive ageLOC Meta anthocyanin blend.
- Standardized to 215 mg of anthocyanins per serving.

## WHAT POWERS IT

Anthocyanins are powerful compounds with potent antioxidant effects found in dark purple plants. That's why eating a diet rich in anthocyanins is such a smart thing to do.

Because we knew not all anthocyanins are created equal,

we set out to discover exactly which ones could provide the health benefits we wanted to target, and we were successful! Our groundbreaking research revealed that Cyanidin and Delphinidin are the two most effective anthocyanins for supporting these health benefits. We also discovered that consuming the right amount can help provide further support, but the unfortunate reality is, globally, the average adult consumes less than 25 mg per day, which is not nearly enough. This required deeper investigative digging to determine the perfect formulation, i.e., the best blend and the optimal amount.

ageLOC Meta proudly contains our exclusive ageLOC Meta anthocyanin blend—rich in potent Cyanidin and Delphinidin—ideally sourced from three superfoods: black currants, bilberries, and black rice. That's 215 mg of powerful metabolic support to help you reach your health goals.

## CLINICALS THAT PROVE IT

ageLOC Meta has been studied in a published human clinical study (9).

## HOW TO USE IT

Take four softgels daily.

## TRY THESE WITH IT

- LifePak®
- LifePak® N
- ageLOC® Y-Span
- Pharmanex® ProBio PCC®
- Additional Pharmanex Solutions

## LEARN MORE ABOUT IT

### I'm active, I'm healthy! Why do I need this product?

Think of your overall wellness as being on a spectrum— with positive choices on one end and less positive on the other, and we're always moving back and forth within that range.

### What are the benefits of taking ageLOC Meta?

Our years of proprietary research and scientific query have led to the discovery that anthocyanins target specific health benefits - courtesy of a breakthrough formula, a Nu Skin exclusive. Think of it as your inside track to staying on goal. Anthocyanins are an important source of antioxidants, which can help reduce the damage caused by oxidative stressors.

### Who should take ageLOC Meta?

Our research shows that every adult will benefit from taking ageLOC Meta daily. However, people who are pregnant, lactating, or taking prescription medication should consult with their physician before use.

### How does Meta fit into the ageLOC brand?

The ageLOC brand is driven by a philosophy of providing the latest innovations that target the sources of aging, rather than simply treating signs and symptoms. ageLOC Meta is right at home because it targets the sources of health and wellness through its potent antioxidant effects to give you the power to thrive inside.

### What kind of research went into ageLOC Meta?

Seven years of our own proprietary research went into formulating ageLOC Meta. We discovered the concept, unlocked the science, and then analyzed different anthocyanin plant extracts to discover which are most effective at providing specific health benefits. From here, we began conducting preclinical and then clinical studies—following our rigorous 6S Quality Process to maintain quality, efficacy, and safety controls throughout every stage, of course. We're passionate in our pursuit of scientific discoveries that lead to the creation of innovative, high-quality products.

## SCIENCE THAT SUPPORTS IT

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9. Cremonini E, Daveri E, Iglesias D, Kang J, Wang Z, Gray R, Mastaloudis A, Kay C, Hester S, Wood S, Fraga C, Oteiza P. A randomized placebo-controlled cross-over study on the effects of anthocyanins on inflammatory and metabolic responses to a high-fat meal in healthy subjects. *Redox Biol*. 2022 May;51:102273.

# AGELOC<sup>®</sup> META

## WHAT'S IN IT

### Medicinal Ingredients/ Ingrédients médicinaux:

FOUR (4) SOFTGELS PROVIDE / QUATRE (4) CAPSULES GÉLATINEUSES MOLLES FOURNISSENT :

<b>ageLOC<sup>®</sup> META Blend</b> (providing 215 mg anthocyanins) / <b>Mélange ageLOC META</b> (fournissant 215 mg d'anthocyanines)	
Black Rice ( <i>Oryza sativa L</i> ) extract (standardized to provide 120 mg anthocyanins) / Extrait de riz noir ( <i>Oryza sativa L</i> ) (normalisé pour fournir 120 mg d'anthocyanines)	600 mg
Black currant ( <i>Ribes nigrum</i> ) fruit extract (standardized to provide 60 mg anthocyanins) / Extrait de fruit de cassis ( <i>Ribes nigrum</i> ) (normalisé pour fournir 60 mg d'anthocyanines)	200 mg
Bilberry ( <i>Vaccinium myrtillus</i> ) fruit extract (standardized to provide 35 mg anthocyanins) / Extrait de fruit de myrtille ( <i>Vaccinium myrtillus</i> ) (normalisé pour fournir 35 mg d'anthocyanines)	97.2 mg

**NON-MEDICINAL INGREDIENTS:** Olive oil, Gelatin, Glycerin, Sunflower Lecithin, Beeswax / **INGRÉDIENTS MÉDICINAUX :** Huile d'olive, gélatine, glycérine, lécithine de tournesol, cire d'abeille  
**DIRECTIONS FOR USE:** Take 4 softgels daily / **MODE D'EMPLOI:** Prendre quatre (4) capsules gélatineuses par jour

**Cautions:** Discontinue 2 weeks prior to and after surgery / **Mises en garde :** Cesser d'utiliser ce produit deux (2) semaines avant et après une chirurgie

**Storage:** Store in a cool, dry place. Do not use if safety seal is broken or missing. / **Entreposage :** Conserver dans un endroit frais et sec. Ne pas utiliser ce produit si la fermeture de sécurité à l'intérieur du flacon est endommagée ou manquante.